

# NOVEMBER 2017

Algoma School District

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**6**  
Egg Patty  
Hashbrowns  
Or  
Cereal  
Fruit, Juice, Milk

**13**  
Egg Patty  
Hashbrowns  
Or  
Cereal  
Fruit, Juice, Milk

**20**  
Egg Patty  
Hashbrowns  
Or  
Cereal  
Fruit, Juice, Milk

**27**  
Egg Patty  
Hashbrowns  
Or  
Cereal  
Fruit, Juice, Milk

**7**  
Pancakes  
Or  
Cereal  
Fruit, Juice, Milk

**14**  
Breakfast Pizza  
Or  
Cereal  
Fruit, Juice, Milk

**21**  
Pancakes  
Or  
Cereal  
Fruit, Juice, Milk

**28**  
Pancakes  
Or  
Cereal  
Fruit, Juice, Milk

**1**  
Cherry Frudel  
Or  
Cereal  
Fruit, Juice, Milk

**8**  
Peanut Butter & Jelly  
Or  
Cereal  
Fruit, Juice, Milk

**15**  
Yogurt Cup  
Or  
Cereal  
Fruit, Juice, Milk

**22**  
Muffins  
Or  
Cereal  
Fruit, Juice, Milk

**29**  
Sausage Bites  
Or  
Cereal  
Fruit, Juice, Milk

**2**  
French Toast Sticks  
Or  
Cereal  
Fruit, Juice, Milk

**9**  
French Toast Sticks  
Or  
Cereal  
Fruit, Juice, Milk

**16**  
French Toast Sticks  
Or  
Cereal  
Fruit, Juice, Milk

**23**  
NO SCHOOL

**30**  
French Toast Sticks  
Or  
Cereal  
Fruit, Juice, Milk

**3**  
Egg Muffins  
Or  
Cereal  
Fruit, Juice, Milk

**10**  
NO SCHOOL

**17**  
Egg Muffins  
Or  
Cereal  
Fruit, Juice, Milk

**24**  
NO SCHOOL



Menu subject to change dependent on availability. This institution is an equal opportunity provider.





Root World  Carri Carrot x 11

# NOVEMBER 2017

MON

TUE

WED

THUR

FRI

Good Eats at:

ALGOMA

SCHOOL DISTRICT

## SPECIAL ANNOUNCEMENTS

→ Garden Bar/Side Salad served every day

→  Student Favorite

→  Gluten Free

→  Brand New!

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11/23

Thanksgiving Day



|   |  |  |  |  |  |  |
|---|--|--|--|--|--|--|
| <p>Hot Dog on Bun<br/>Vegetable<br/>Fruit</p> <p>3</p>                        | <p>BBQ Pork<br/>Vegetable<br/>Fruit</p> <p>2</p>                           | <p>Ham &amp; Scallop<br/>Potatoes<br/>Vegetable<br/>Fruit</p> <p>1</p>       | <p>Turkey &amp; Gravy<br/>Mashed Potato<br/>Vegetable<br/>Fruit</p> <p>8</p> | <p>NO SCHOOL</p> <p>10</p>                     | <p>Hamburger or<br/>Cheeseburger<br/>Vegetable<br/>Fruit</p> <p>17</p> | <p>NO SCHOOL</p> <p>24</p>   |
| <p>Meatballs<br/>Mashed<br/>Potatoes<br/>Vegetable<br/>Fruit</p> <p>6</p>     | <p>Tacos<br/>Refried Bean<br/>Fruit</p> <p>7</p>                           | <p>Turkey &amp; Gravy<br/>Mashed Potato<br/>Vegetable<br/>Fruit</p> <p>8</p> | <p>Fiesta Chicken<br/>Wrap<br/>Vegetable<br/>Fruit</p> <p>15</p>             | <p>Pizza<br/>Vegetable<br/>Fruit</p> <p>16</p> | <p>NO SCHOOL</p> <p>23</p>   | <p>Mini Corn Dogs<br/>Potatoes<br/>Vegetable<br/>Fruit</p> <p>30</p> |
| <p>Chicken Alfredo<br/>w/a Twist<br/>Vegetable<br/>Fruit</p> <p>13</p>        | <p>Mini Corn Dogs<br/>Potatoes<br/>Vegetable</p> <p>14</p>                 | <p>Chicago Deep<br/>Dish Pasta<br/>Vegetable<br/>Fruit</p> <p>29</p>         | <p>Sloppy Joe<br/>Vegetable<br/>Fruit</p> <p>22</p>                          | <p>NO SCHOOL</p> <p>24</p>                     | <p>NO SCHOOL</p> <p>24</p>   | <p>NO SCHOOL</p> <p>24</p>   |
| <p>Ham &amp; Cheese<br/>Baked Potato<br/>Vegetable<br/>Fruit</p> <p>21</p>    | <p>Ham &amp; Cheese<br/>Baked Potato<br/>Vegetable<br/>Fruit</p> <p>21</p> | <p>Chicago Deep<br/>Dish Pasta<br/>Vegetable<br/>Fruit</p> <p>29</p>         | <p>NO SCHOOL</p> <p>22</p>   | <p>NO SCHOOL</p> <p>23</p>                     | <p>NO SCHOOL</p> <p>24</p>   | <p>NO SCHOOL</p> <p>24</p>   |
| <p>Chicken Nuggets<br/>Mac &amp; Cheese<br/>Vegetable<br/>Fruit</p> <p>27</p> | <p>Cold Cut Sub<br/>Vegetable<br/>Fruit</p> <p>28</p>                      | <p>Chicago Deep<br/>Dish Pasta<br/>Vegetable<br/>Fruit</p> <p>29</p>         | <p>NO SCHOOL</p> <p>22</p>   | <p>NO SCHOOL</p> <p>23</p>                     | <p>NO SCHOOL</p> <p>24</p>   | <p>NO SCHOOL</p> <p>24</p>   |
| <p>NO SCHOOL</p> <p>26</p>  | <p>NO SCHOOL</p> <p>27</p>   | <p>Chicago Deep<br/>Dish Pasta<br/>Vegetable<br/>Fruit</p> <p>29</p>         | <p>NO SCHOOL</p> <p>22</p>   | <p>NO SCHOOL</p> <p>23</p>                     | <p>NO SCHOOL</p> <p>24</p>   | <p>NO SCHOOL</p> <p>24</p>   |
| <p>NO SCHOOL</p> <p>26</p>  | <p>NO SCHOOL</p> <p>27</p>   | <p>Chicago Deep<br/>Dish Pasta<br/>Vegetable<br/>Fruit</p> <p>29</p>         | <p>NO SCHOOL</p> <p>22</p>   | <p>NO SCHOOL</p> <p>23</p>                     | <p>NO SCHOOL</p> <p>24</p>   | <p>NO SCHOOL</p> <p>24</p>   |

FUN FACTS ON BACK!





# CARROT

I'm Curtis Carrot. I am a root vegetable like potatoes, turnips and beets. Root vegetables are the roots of plants that grow underneath the ground. Above ground, I have a ferny, green head of hair. We are used a lot for cooking and we have a lot of vitamin A. We have so many uses. You can chop us for soups, casseroles and stews. Eat us raw in salads or with a dip. Shred us for use in carrot cake and other desserts. Or even blend us for a yummy juice. Wisconsin is the fifth-ranked state in America for growing carrots.

## FUN FACT

Carrots started out white or purple in color. The first orange carrots were grown in the Netherlands because orange was the official color of their royal family.



## The Wise WIZARD

Carrots were one of the earliest vegetables grown by man. The first carrots were grown about 5,000 years ago in the Middle East.

## Find the 12 DIFFERENCES



## Gingered CARROTS



### INGREDIENTS

- 1 lb Fresh carrots, peeled
- 1/2 tsp Honey
- 1 Tbsp Lemon juice
- 2 tsp Dried parsley
- 2 Tbsp Margarine
- 1/4 tsp Ground ginger

### PREPARATION

1. Cut carrots diagonally into thin slices.
2. Steam until tender.\*
3. In a small mixing bowl, combine remaining ingredients; pour over carrots.
4. Serve immediately.
5. Portion with a No. 16 scoop or 1/4 cup.

\* Various methods of steaming include using a double boiler, microwave or steamer. Time will vary according to the method used.

Recipe courtesy of [www.wholecookingfun.usda.gov](http://www.wholecookingfun.usda.gov)



## JOKE OF THE MONTH

Q: How do you make gold soup?

A: Put 24 carrots in it.

# What's Happening

@ Algoma Public Library  
Oct. 30<sup>th</sup> - Nov. 14<sup>th</sup>

Every Tuesday: **Baby Story Time** at 10 am. For ages birth -2.

Every Friday: **Story Hour** at 10 am. For ages 3-5.

Mon. Oct. 30<sup>th</sup>: **Xbox Game Time** 3-6:30 pm International Game Week activity.

Tues., Oct. 31<sup>st</sup>: **Pig Mania** (Pass the Pigs) at 3:30 pm Dice game! Lots of fun. International Game Week activity.

Wed. Nov. 1<sup>st</sup>: **Lego Extravaganza** from 3-5 pm.



Thurs. Nov. 2<sup>nd</sup> & 9<sup>th</sup>: **Crazy's 8's Math Club at 3:15 pm!** Crazy 8s is a recreational after-school math club, for kids in grades 3rd-5th that helps kids enjoy the math behind their favorite activities. Its math gone wild, nothing like your usual math club!



Fri. Nov. 3<sup>rd</sup>: After School Movie at 3:30 pm **Flubber**. Popcorn provided.

Wed. Nov. 8<sup>th</sup>: **Pokémon League Exhibition** at 3:05 pm. Bring in your cards and bring your friends! Battle and trade together with your Pokémon cards.



Fri. Nov. 10<sup>th</sup>: **Tech for Teens** at 3:30 pm. Heard of coding but have no idea what it's about? Come learn! We'll play a few coding games and then code with the Sphero! Geared for Tweens & Teens (for grades 6<sup>th</sup> and up).



## When to Keep Sick Children Home from School

Please look at the informational charts below to help determine if your child should stay home from school due to illness. While we feel it is important for children to attend school, but when they are truly sick they need to stay home in care of an adult to get well as well as prevent spreading the illness to others. Please call Nurse Becky if you have any questions or concerns at 487-7001 ext. 1110

**FEVER**  
A temperature of 100.4 or higher is considered a fever and your child should stay home.

**MILD COLD**  
If there's no fever and the runny nose and cough isn't continuous, send them to school.

**BAD COLD**  
If the cough doesn't improve after 4-5 days or there's trouble breathing, keep him home and see your doctor.

**SORE THROAT**  
Major sore throat usually isn't a problem and may just be part of a cold, virus or even irritation.

**VOMITING & DIARRHEA**  
If your child is vomiting or having diarrhea, they shouldn't be at school.

**EYE TROUBLE**  
If your child has goopy, colored eye discharge check with your pediatrician before sending him to school.

**RASH**  
If the rash isn't bothering your child and he has no other symptoms, it's OK to send him to school.

Source: Dr. Tonya Altmann

# Cold or Flu?

| Cold                        | Symptom               | Flu (Influenza)                        |
|-----------------------------|-----------------------|--|
| Rare, Mild (less than 100°) | Fever                 | Almost Always High (Greater than 100°) |
| Rare                        | Headache              | Common                                 |
| Slight                      | General Aches & Pains | Usual/Often Severe                     |
| Gradual over a Few Days     | Onset                 | Rapid Onset                            |
| Common                      | Stuffy Nose           | Rare                                   |
| Common                      | Runny Nose            | Common                                 |
| Common                      | Sore Throat           | Sometimes                              |
| Mild to Moderate            | Cough                 | Common – Can be Severe (Dry)           |

### Healthy Habits to stay well and prevent spreading germs to others

1. **Wash your hands often** with soap and water especially after coughing, sneezing or blowing your nose as well as using the restroom.
2. **Avoid touching your eyes, nose or mouth** to prevent the spread of viruses
3. **Don't share** food, utensils, beverages or anything that might be contaminated with germs.
4. **Try to avoid close contact with sick people**
5. **Stay home when sick**, especially with flu-like symptoms of fever and cough. Stay home for at least 24 hours after being fever free without the use of fever reducing medication. Also stay home 24 hours after any episode of vomiting or diarrhea.
6. **Cover your nose and mouth with a tissue** when you cough or sneeze or **cough/sneeze into your elbow** if no tissue is available.



The Lost and Found collection is bursting at the seams! It will be emptied on Friday, November 3<sup>rd</sup>! Please come and check it out, we have **MANY** items!

\*\*\*The lost and found is located in two labeled lockers next to the entrance to the auditorium and open daily\*\*\*

## 4th-6th Boys Basketball Informational Meeting



When: Thursday November 2nd 2017 at 6:00 - 7:00 pm

Where: Algoma High School Cafeteria

Cost: \$15; This helps pay for officials and equipment throughout the year.

As the parents fill out some of the paperwork, the boys should bring some gym shoes to have a short practice. This meeting will replace the 4<sup>th</sup> grade practice at the youth club.

If unable to attend please contact Wade Vandervest at [wvest@att.net](mailto:wvest@att.net) or (920)737-3196 for information or submit using below.

Visit website below

<http://tinyurl.com/ycfh3s5v>

Use QR Reader with Smartphone

