

September 2020

ALGOMA SCHOOL DISTRICT

LUNCH



Menu Subject to change dependent on availability. This institution is an equal opportunity provider.



Nutrition Tip: With September being Whole Grains month, try increasing your whole grain intake by snacking on ready-to-eat whole grain cereals, whole grain crackers or popcorn.

Reference: USDA MyPlate



Monday

Hot Dog
Vegetable
Fruit
Milk

31

Tuesday

Chicken & Gravy
Mashed Potatoes
Vegetable
Fruit
Milk

1

Wednesday

Chicken Nuggets
Mac & Cheese
Vegetable
Fruit
Milk

2

Thursday

Spaghetti
Vegetable
Fruit
Milk

3

Friday

Hamburger
Vegetable
Fruit
Milk

31

Mozzarella Dippers
Vegetable
Fruit
Milk

7

Taco
Vegetable
Fruit
Milk

8

Meatballs
Mashed Potatoes
Vegetable
Fruit
Milk

9

Breakfast for Lunch
Vegetable
Fruit
Milk

10

Quesadilla
Vegetable
Fruit
Milk

11

Ravioli
Fruit
Milk

Chicken Alfredo
Vegetable
Fruit
Milk

BBQ Pork
Fruit
Milk

16

Pizza Casserole
Fruit
Milk

Chicken Patty
Fruit
Milk

18

Ham & Scallop Patototes
Vegetable
Fruit
Milk

Mac & Cheese
Fruit
Milk

22

Sloppy Joe
Vegetable
Fruit
Milk

23

Chicken Potato Bowl
Fruit
Milk

Pizza
Vegetable
Fruit
Milk

25

Mini Corn Dogs
Vegetable
Fruit
Milk

Taco Soup
Fruit
Milk

Grill Cheese
Tomato Soup
Fruit
Milk

