



School Information: Menu Subject to change dependent on availability. This institution is an equal opportunity provider.



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.

Monday

Tuesday

Wednesday

Thursday

Friday

Quesadilla
Vegetables
Fruit
Milk **3**

Ham & Scallop Potatoes
Vegetables
Fruit
Milk **4**

Taco
Refried Beans
Fruit
Vegetable **5**

Pork Roast n Gravy
Mashed Potatoes
Vegetable
Fruit
Milk **6**

Pizza
Vegetable
Fruit
Milk **7**

Mozzarella Dippers
Vegetable
Fruit
Milk **10**

Chicken n Gravy
Mashed Potatoes
Vegetable
Fruit
Milk **11**

Sausage & French Toast
Hashbrown
Fruit
Milk **12**

AES Cheeseburger
AHS Teriyaki Chicken
Vegetable
Fruit
Milk **13**

Chicken Patty
Vegetable
Fruit
Milk **14**

Pizza Casserole
Vegetable
Fruit
Milk **17**

Chicken Alfredo
Vegetable
Fruit
Milk **18**

Grill Cheese
Tomato Soup
Fruit
Milk **19**

BBQ Pork
Vegetable
Fruit
Milk **20**

Pizza
Vegetable
Fruit
Milk **21**

Cheeseburger
Vegetable
Fruit
Milk **24**

Chicken Nuggets
Mac & Cheese
Vegetable
Fruit
Milk **25**

AES Spaghetti
AHS Cook's Choice
Vegetable
Fruit
Milk **26**

Cook's Choice
Vegetable
Fruit
Milk **27**

Hot Dog
Vegetable
Fruit
Milk **28**

31

