

JANUARY 2022

ALGOMA SCHOOL DISTRICT

BREAKFAST



School Information: Menu Subject to change dependent on availability. This institution is an equal opportunity



Nutrition Tip: Happy New Year! If you made a food resolution turn it into a real solution by teaming up with a friend and celebrating your success along the way.

Reference: USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Cereal
Fruit
Juice
Milk **3**

Cinnamon Pretzel Stick
Fruit
Juice
Milk **4**

Bagel with PB & J
Fruit
Juice
Milk **5**

Oatmeal Bars
Fruit
Juice
Milk **6**

Muffin
Fruit
Juice
Milk **7**

Cereal
Fruit
Juice
Milk **10**

Blueberry Bread
Fruit
Juice
Milk **11**

Vanilla Waffle
Fruit
Juice
Milk **12**

Croissant Sandwich
Fruit
Juice
Milk **13**

Cereal Bar
Fruit
Juice
Milk **14**

NO SCHOOL **17**

Cinnamon Pancakes
Fruit
Juice
Milk **18**

Strawberry Bagel
Fruit
Juice
Milk **19**

Cheese Stick
Crackers
Fruit
Juice
Milk **20**

Pop Tart
Fruit
Juice
Milk **21**

Cereal
Fruit
Juice
Milk **24**

Pumpkin Bread
Fruit
Juice
Milk **25**

Blueberry Waffle
Fruit
Juice
Milk **26**

Mini Cinnis
Fruit
Juice
Milk **27**

Donuts
Fruit
Juice
Milk **28**

Cereal
Fruit
Juice
Milk **31**

