



Live
ALGOMA

COMMUNITY WELLNESS CENTER

Algoma Community Wellness Center

BACKGROUND

A leading accomplishment of the Live Algoma Initiative is the depth and breadth of commitments made to improving health and wellbeing in Algoma. **Individuals, employers, government, and schools have all made significant economic and social commitments that have culminated in culture change.**

The first commitment was the building of the [Algoma Community Wellness Center](#) and [Wolf Tech](#). This combined asset represented a \$3.5 million commitment which was secured with a 50% commitment from the school district and 50% from local private sources. This is the most significant public investment in Algoma community infrastructure in over thirty years. Currently over 400 residents of Algoma use the Wellness Center programs on a regular basis to work on their individual health and wellness goals.

COMMUNITY CONTRIBUTIONS

The Algoma Community Wellness Center (non-profit) is part of a mission to help improve the overall health and well-being of our community members.

Addressing equity to ensure the center is fit for all, we provide **Renew Active, Aliver Sneakers, and Silver & Fit** services for seniors, **Continuum of Care Programs** for Physical Therapy patients, Personal Training to meet individual needs, equipment and space appropriate for all physical abilities, and promote the multi-dimensional approach to wellbeing by offering workshops and classes which foster other areas of our health such as financial, spiritual and emotional.

The Algoma Community Wellness Center offers a wide range of programs and services including: weight, strength training, and cardio areas; a gymnasium for walking, playing pickleball, volleyball, and basketball; free on-site health coaching, pain and injury consultations, and group workouts.

CURRENT NEEDS or CALL to ACTION

Since the Algoma Community Wellness Center operates at a non-profit status, our goal is to make enough monthly income in membership fees to support the costs of operation. Any additional income or community donations to the Algoma Community Wellness Center are put in a fund to help sustain and improve the center. In addition, as our membership grows, new needs arise. Here are a few of our current needs, voted on importance with our members:

1. New rubber dumbbells (certain sizes) [Estimated Cost: \\$1,000](#)
2. Non-slip flooring for Multi-Purpose Room (like turf) [Estimated Cost: \\$6,000](#)
3. Two Indoor Commercial Cycling Bikes [Estimated Cost: \\$1,500](#)

HOW TO DONATE

Choose which tier is suitable for your donation. Selecting a tier will allow recognition for your community contribution that will be displayed in the Algoma Community Center Atrium.

- Tier 1 - \$100 + Name Line (Shared with Others on a Plaque)
- Tier 2 - \$2,000 + Small Plaque w/Name
- Tier 3 - \$25,000 + Medium Plaque w/Name
- Tier 4 - \$100,000 + Large Plaque w/Name



For questions or follow-up, please contact:

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